

# Focus Support Services Pty Ltd

## BASKETBALL TEAM

*Want to play Basketball, but don't have a team?*

*Want to learn the rules of Basketball?*

*Do you love sport and just want to have some fun?*

We are looking for about 6 interested people to join our very own Basketball team.

If you want more information, or would like to join, please make your interest known to us ASAP.



## GET TO KNOW OUR STAFF

**Name:** Lisa

**Hobbies:** Spending time with my children and going out for walks

**Nationality:** Australian with Maltese background

**Family:** My fiancé Daniel and two children Mikayla (5) and Mason (almost 2)

**I could become famous for:** Shopping

**Pets:** 2 hens named Pop and Aid

**My secret talent:** Falling asleep anywhere and everywhere

**Favourite movie star:** Julia Roberts

**Strangest food I've eaten:** Chicken hearts

**Favourite dessert:** Anything with chocolate

**Favourite holiday destination:** USA

**Last book I read:** Outlander



## UPCOMING EVENTS

30/06 – 13/07	<b>Melbourne Magic Festival</b>
05/07	Hawthorn V Collingwood
06/07	Essendon V Sydney
06/07	Western Bulldogs V Geelong Cats
06/07 – 07/07	<b>Newport Folk Festival</b>
07/07	Carlton V Melbourne
13/07	Essendon V North Melbourne
14/07	Western Bulldogs V Melbourne
14/07	Richmond V Giants
20/07	Carlton V Gold Coast Suns
20/07	Richmond V Port Adelaide
21/07	St Kilda V Western Bulldogs
26/07	Collingwood V Richmond
27/07	<b>Indian Festival Melbourne</b>
27/07	Carlton V Adelaide Crows
28/07	Western Bulldogs V Dockers

## SHOUT OUT

We'd like to acknowledge an employee of ours; Matthew R, who has been following instructions to get the job completed!

*You should be really proud of yourself Matthew!*



## WHAT HAVE WE BEEN UP TO?

Daily Living Skills: (1) Planning a meal and shopping for the ingredients. (2) Cooking skills.



Social and Community Participation:  
(1) Building friendships  
(2) Accessing the Community



## FOCUS ON COOKING



### Scones

- 3 cups of self-raising flour
- 80 grams of butter
- 1 and ¼ cups of milk
- Whipped Cream, to serve
- Jam, to serve

- 1 – Preheat the oven to 200°C.
- 2 – Lightly dust a flat, baking tray with plain flour.
- 3 – Sift the self-raising flour into a large bowl.
- 4 – Using your fingertips, rub the butter into the flour until the mixture resembles breadcrumbs.
- 5 – Add 1 cup of milk to the bowl. Mix with a butter knife until the mixture forms into soft dough. Keep adding small amounts of milk, if required.
- 6 – Turn the dough onto a lightly floured bench. Knead it gently until it is just smooth.
- 7 – Pat the dough down until it is about 2cm thick. Use a round cutter to cut out the scones.
- 8 – Press the remaining dough together and continue cutting scones until the dough is used up.
- 9 – Place the scones onto the baking tray, leaving some room for them to grow.
- 10 – Bake for 20 to 25 minutes or until they are golden brown.
- 11 – Serve warm with jam and cream.

A perfect treat for breakfast or supper, best served with a tea or coffee...mmm!

*What's the right way to top a scone – cream first or jam first? We'll let you decide...*



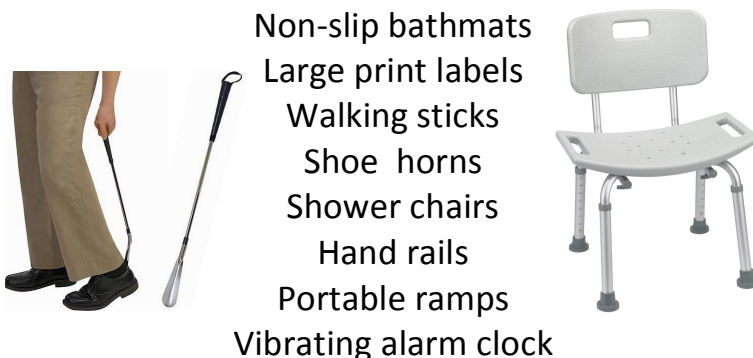
## Q & A

### *I have funding for Assistive Technology in my plan, what is this?*

Assistive Technology (AT) provides the support a person with a disability might use to reach their potential at home, in the community and the workplace. AT may be equipment or systems, which help you with moving around your home or community, communicating with other people, processing information, and other daily tasks.

Your AT supports may be included in your NDIS plan where the support will help you to meet your needs and pursue your goals.

Some examples of basic Assistive Technology are:



An AT assessor is someone who is able to consider your individual support needs and situation to identify the appropriate equipment items to meet your support needs. They may be an Occupational Therapist, Physiotherapist, Speech Pathologist, Psychologist or rehabilitation engineer.

*For more information, NDIS have recently updated their website to explain Assistive Technology even further.  
Just follow the steps below:*

<https://www.ndis.gov.au>  
**Home > For participants > Home, equipment and support**

## MUSIC GROUP

*Do you have an instrument that is not being used?*

*Would you like to play in your very own band?*

**We will be playing instruments and singing, each Thursday at Schotters.**

**If you want more information, or would like to join, please make your interest known to us ASAP.**



## STAFF TRAINING

In May, we outsourced some experts to help our staff better understand:

**Manual Handling  
and  
Administering Medication**

In June, our staff completed training modules in:

**Understanding Abuse – Zero Tolerance  
and  
Fire Safety Induction Program**

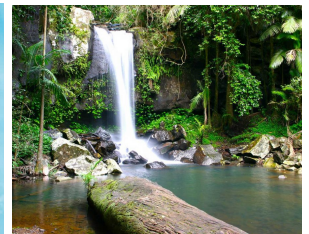
We believe that staff training and development is very important. We are always seeking improvement to our staff and our service.



## IN NEED OF A HOLIDAY?



We have already made a few bookings for some trips to Queensland. If you are interested in joining our group or creating your own holiday, please let us know ASAP.



### MONSTER JAM

5<sup>th</sup> October



Call now to book your ticket!

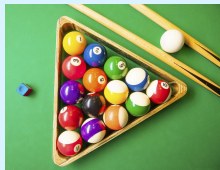





### Crusty Demons

12<sup>th</sup> October

Call now to book your ticket!

## TUESDAY NIGHTS

Tuesday 2 <sup>nd</sup> July, 2019	<b>Billiards, Competitive Arcade Games and Pizza Night at Schotters!</b> Come along for a night full of competition. You will even receive a raffle ticket to enter into our door prize draw.  4pm onwards  Extra cost: It's on us!  Bring: Yourself!	 
Tuesday 16 <sup>th</sup> July, 2019	<b>Pancake Parlour and Movies</b> 4pm onwards  Extra cost: Cost of movie ticket and dinner  Bring: Concession Card, Companion Card, money for movie ticket and dinner.	 
Tuesday 30 <sup>th</sup> July, 2019	<b>Go Karting and Dinner</b> 4pm onwards  Extra cost: Approx. \$30 + Cost of dinner  Bring: Concession Card, Companion Card, money for go karting and dinner. If you have previously attended bring, your Go Kart Licence, otherwise it will cost an extra \$10	 



## WEEKEND SESSIONS

Saturday 6 <sup>th</sup> July, 2019	<b>See School Holiday Program</b>  Pizza Making at Schotters – Includes a Pizza-Dough Tossing Contest OR Essendon V Sydney Swans + Dinner afterwards	
Sunday 7 <sup>th</sup> July	<b>See School Holiday Program</b>  St Kilda Esplanade OR IMAX – Spider Man: Far From Home	
Saturday 13 <sup>th</sup> July, 2019	<b>See School Holiday Program</b>  Mexican Day at Schotters OR Christmas in July at Luna Park	
Sunday 14 <sup>th</sup> July, 2019	<b>See School Holiday Program</b>  Tobogganing at Mt Donna Buang OR Richmond V Giants OR Western Bulldogs V Melbourne	
Saturday 20 <sup>th</sup> July, 2019	<b>AFL – Richmond V Port Adelaide</b> (Includes travel training) 11.30am onwards  <b>AFL – Carlton V Gold Coast Suns</b> (Includes travel training) 12pm onwards  Extra cost: Ticket prices vary  Bring: MYKI Card or Access Travel Pass, Concession Card, Companion Card, water bottle and money for entry and lunch or BYO lunch	
Sunday 21 <sup>st</sup> July	<b>Christmas in July at Schotters</b> – Includes Cooking a Christmas Feast and watching a Christmas Movie  10am onwards  Extra cost: It's on us!  Bring: Yourself!	
Saturday 27 <sup>th</sup> July, 2019	<b>Cooking at Schotters – Homemade Burgers</b>  9am to 4pm  Extra cost: It's on us!  Bring: Yourself!	
Sunday 28 <sup>th</sup> July	<b>AFL – Western Bulldogs V Fremantle Dockers</b> (Includes travel training) 11am onwards  Extra cost: Ticket prices vary  Bring: MYKI Card or Access Travel Pass, Concession Card, Companion Card, water bottle and money for entry and lunch or BYO lunch	

**School Holiday Program (1<sup>st</sup> July to 14<sup>th</sup> July)**

If you are interested in attending any of the below programs, please advise Damian ASAP so that you can reserve your booking as it is a busy time. Once numbers are confirmed, Damian will liaise with you in regards to destination pick up/drop off.

**Monday 1<sup>st</sup> July, 2019****Arts Centre Melbourne + Lunch**

(Includes travel training)

9am to 4pm

Extra cost: Free entry + Cost of lunch

Bring: MYKI Card or Access Travel Pass, Concession Card, Companion Card, water bottle, money for lunch or BYO lunch

**Fairy Park**

9am to 4pm

Extra cost: \$18 per person

Bring: Companion Card, BYO lunch and water bottle

**Tuesday 2<sup>nd</sup> July, 2019**
**Discover the Dandenongs – including Trees Adventure at Glen Harrow Park + Miss Marple's Tearoom** (if time permits)

9am to 4pm

Extra cost: \$43 for Concession Cardholders or \$38.00 for Children + Cost of afternoon tea

Bring: Closed toe shoes, Concession Card, Companion Card, BYO lunch and water bottle, also bring money for afternoon tea

**Mt Macedon Memorial Cross + Lunch at Macedon Hotel**

9am to 4pm

Extra cost: Free entry + Cost of lunch

Bring: Walking shoes, water bottle, money for lunch or BYO lunch

**Wednesday 3<sup>rd</sup> July, 2019****MCG Tour + National Sports Museum**

(Includes travel training)

9am to 4pm

Extra cost: \$29 for Concession Cardholders or \$18.00 for Children

Bring: MYKI Card or Access Travel Pass, Concession Card, Companion Card, BYO lunch and water bottle

**Aeroplane Viewing + Biggest Lolly Shop in the World + Lunch**

9am to 3pm

Extra cost: Cost of lunch + any purchases

Bring: Water bottle and money for lunch and/or purchases

**Thursday 4<sup>th</sup> July, 2019****Bingo + Lunch at Zagame's Reservoir**

(Includes travel training)

8am to 3pm

Extra cost: \$6 Bingo + Cost of lunch (Approx. \$15)

Bring: MYKI Card or Access Travel Pass, Concession Card, Companion Card and Bingo markers/textas



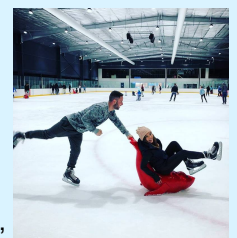
**Participants must be 18 years and older to play Bingo**

**Ice HQ + Lunch**

10am to 3pm

Extra cost: \$22 for Concession Cardholders + Cost of lunch

Bring: Wear warm layered clothing, Concession Card, Companion Card, Socks, Water bottle and money for lunch or BYO lunch

**Friday 5<sup>th</sup> July, 2019****Chadstone - Shopping, Movies + Lunch**

9am to 4pm

Extra cost: Approx. \$20 for movie ticket + Cost of Lunch

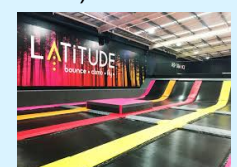
Bring: Concession Card, Companion Card, Money for Lunch and any purchases

**Latitude Trampoline Park (Night Session)**

5pm to 10pm

Extra cost: \$30 (includes entry, meal and drink) + \$2 for grip socks

Bring: Concession Card, Companion Card, closed toe shoes and money for entry





# SCHOOL HOLIDAYS

Saturday 6 <sup>th</sup> July, 2019	
<p><b>Pizza Making at Schotters</b>                      Includes a Pizza-Dough Tossing Contest                      (We cater to all dietary requirements)</p> <p>9am to 3pm</p> <p>Extra cost: It's on us!</p> <p>Bring: Yourself!</p> 	<p><b>Essendon V Sydney Swans + Dinner afterwards</b>                      (Includes travel training)</p> <p>11.30am to 8pm</p> <p>Extra cost: Ticket prices vary + cost of dinner</p> <p>Bring: MYKI Card or Access Travel Pass, Concession Card, Companion Card, water bottle and money for entry and dinner</p> 
Sunday 7 <sup>th</sup> July, 2019	
<p><b>St Kilda Esplanade</b> – Including a walk on the pier, check out the Sunday craft market, St Kilda Adventure Playground and lunch on Acland Street</p> <p>9am onwards</p> <p>Extra cost: Cost of lunch</p> <p>Bring: Water bottle and money for lunch and/or purchases</p> 	<p><b>IMAX: Spider-Man: Far From Home 3D</b>                      (Includes travel training)</p> <p>11am onwards</p> <p>Extra cost: \$26 for Concession Cardholders</p> <p>Bring: Concession Card, Companion Card, money for entry, BYO lunch and water bottle</p>  
Monday 8 <sup>th</sup> July, 2019	
<p><b>Old Melbourne Gaol + Lunch</b>                      (Includes travel training)</p> <p>9am to 4pm</p> <p>Extra cost: \$23 for Concession Cardholders or \$15.00 for Children</p> <p>Bring: MYKI Card or Access Travel Pass, Concession Card, Companion Card, water bottle and money for lunch</p> 	<p><b>Yarra Valley Chocolaterie + Art at Linden Gate</b></p> <p>9am to 4pm</p> <p>Extra cost: Cost of lunch</p> <p>Bring: Water bottle and money for lunch</p> 
Tuesday 9 <sup>th</sup> July, 2019	
<p><b>Melbourne Zoo</b></p> <p>9am to 4pm</p> <p>Extra cost: \$28 for Concession Cardholders</p> <p>Bring: Concession Card, Companion Card, BYO lunch and water bottle</p> 	<p><b>YMCA Sports Day</b> - Learn how to play Football, Basketball, Soccer, Volleyball and Tennis with an experienced instructor</p> <p>9am to 3pm</p> <p>Extra cost: \$20 + Cost of lunch</p> <p>Bring: Water bottle and money for lunch</p>  
Wednesday 10 <sup>th</sup> July, 2019	
<p><b>Latitude Trampoline Park and Rock Climbing + Lunch at Sweet By Nature</b></p> <p>9am to 4pm</p> <p>Extra cost: \$33 entry + Cost of lunch</p> <p>Bring: Companion Card, water bottle and money for lunch</p>  	<p><b>Victoria Police Museum + Lunch at Porto Al Vecchio in Williamstown</b></p> <p>9am onwards</p> <p>Extra cost: Free entry + Cost of Lunch</p> <p>Bring: Concession Card, Companion Card, water bottle, money for lunch or BYO lunch</p> 

## SCHOOL HOLIDAYS

Thursday 11 <sup>th</sup> July, 2019	
<p><b>Bingo + Lunch at Zagame's Reservoir</b>                      (Includes travel training)</p> <p>8am to 3pm</p> <p>Extra cost: \$6 Bingo +                      Cost of Lunch (Approx. \$15)</p> <p>Bring: MYKI Card or Access Travel                      Pass, Concession Card, Companion Card and Bingo                      Markers/textas</p> <p><b>Participants must be 18 years and older to play Bingo</b></p> 	<p><b>Crown Casino – Playtime, Lunch, Kingpin Bowling</b>                      (Includes travel training)</p> <p>9am to 3pm</p> <p>Extra cost: \$17 for one game of                      bowling + Cost of lunch and                      Playtime activities</p> <p>Bring: MYKI Card or Access Travel                      Pass, Concession Card,                      Companion Card and money for                      activities and lunch</p>  
Friday 12 <sup>th</sup> July, 2019	
<p><b>Melbourne River Cruise – Melbourne Highlights</b>                      (Includes travel training)</p> <p>9am onwards</p> <p>Extra cost: \$35 for Concession                      Cardholders (otherwise \$39)</p> <p>Bring: MYKI Card or Access                      Travel Pass, Concession Card,                      Companion Card, water bottle and                      BYO lunch</p>  	<p><b>Movie Marathon and Pizza Night at Schotters</b></p> <p>4pm – 10pm</p> <p>Extra cost: It's on us!</p> <p>Bring: Yourself and a favourite                      movie to share!</p> 
Saturday 13 <sup>th</sup> July, 2019	
<p><b>Mexican Day at Schotters</b>                      Tacos, and Churro Muffins</p> <p>9am to 3pm</p> <p>Extra cost: It's on us!</p> <p>Bring: Yourself!</p> 	<p><b>Christmas in July at Luna Park</b></p> <p>10am onwards</p> <p>Extra cost: \$49.95 for                      Unlimited rides</p> <p>Bring: Companion Card, money                      for entry and BYO lunch and water bottle</p> 
Sunday 14 <sup>th</sup> July	
<p><b>Tobogganing at Mt Donna Buang</b>                      (Snow forecast permitting)</p> <p>7am onwards</p> <p>Extra cost: Cost of lunch/                      snacks/water and any                      other necessities</p> <p>Bring: Snow gear                      (including pants, jacket, boots, gloves and                      beanie), change of clothes, BYO lunch,                      snacks, water bottle/s, toboggan (if you                      have one), money for any necessities</p>  	<p><b>Richmond V Western Bulldogs V Melbourne Giants</b></p> <p>11am onwards      1pm onwards</p> <p>(Includes travel training)</p> <p>Extra cost: Cost of entry and lunch/dinner</p> <p>Bring: MYKI Card or Access Travel Pass, Concession                      Card, Companion Card, water bottle and money for                      entry and lunch/dinner (or BYO lunch/dinner)</p> 





## INFORMATION SESSION & ENROLMENT

# CERTIFICATE I WORK EDUCATION 22302VIC

**Tuesday 2nd July 2019**

**9am**

**Focus Support Services**

**82 Schotters Rd, Mernda 3754**

Certificate I Work Education (22302VIC) is a Nationally Accredited course which aims to support students to develop the skills and knowledge required for employment.

**STUDENTS WILL be eligible for a Training allowance of \$62.50 per fortnight**

The course aims to:

- ✓ Build confidence and self esteem
- ✓ Enhance independence
- ✓ Improve interpersonal communication skills
- ✓ Provide an awareness of health and safety in the workplace
- ✓ Improve employment skills
- ✓ Better understand rights & responsibilities in the workplace
- ✓ Provide the opportunity to participate in a registered Food Van event

The course is made up of 10 work related units.

There is **no cost** to students.

The information session is a great opportunity to meet the trainer and ask any questions about the course.

**Josie Prioletti**

**Tel:** 0438 846 584

**Email:** [josie@catalysttraining.com.au](mailto:josie@catalysttraining.com.au)

**Website:** [www.catalysttds.com.au](http://www.catalysttds.com.au)

